# Speaker Biography

THREE VERSIONS FOR PROGRAMS, WEBSITES, AND INTRODUCTIONS

**SHORT · for event programs and listings**

Kristin Tracy Porter is the author of After the Shatter: Reshaping the Face of Healing, a memoir about resilience, identity, faith, and rebuilding a life after profound adversity. At 22, she survived a massive brainstem stroke and relearned how to walk and talk; today she speaks about rebuilding, identity, faith, and healing after life changes everything.

**MEDIUM · for websites and outreach**

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At 22, Kristin survived a massive brainstem stroke that left her relearning how to walk and talk. Her journey forward included graduate education, navigating disability and grief, and discovering a deeper understanding of faith and healing.

**LONG · for introductions and full programs**

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Through her story, Kristin invites audiences to consider what happens when life takes an unexpected turn, how our understanding of success can change, and what it means to build a meaningful life when the future looks different than imagined.

Her message is grounded in lived experience and explores the deeply personal process of finding a way forward after life changes everything.

*To book Kristin for your event, send an inquiry through the Speaking page of her website.*

**INQUIRE ABOUT BOOKING KRISTIN**