Kristin Tracy Porter

AUTHOR · KEYNOTE SPEAKER



ABOUT KRISTIN

Kristin Tracy Porter is the author of After the Shatter: Reshaping the Face of Healing, a memoir about resilience, identity, faith, and rebuilding a life after profound adversity.

At 22, Kristin survived a massive brainstem stroke that left her relearning how to walk and talk. Her journey forward included graduate education, navigating disability and grief, and discovering a deeper understanding of faith and healing.

Through her story, Kristin invites audiences to consider what happens when life takes an unexpected turn, how our understanding of success can change, and what it means to build a meaningful life when the future looks different than imagined.

Her message is grounded in lived experience and explores the deeply personal process of finding a way forward after life changes everything.

KEYNOTE TOPICS

Rebuilding After Life Changes Everything

Kristin shares her experience navigating a life-altering event, redefining expectations, and finding a way forward when life takes an unexpected turn. Her message explores resilience, adapting to change, and discovering new possibilities after adversity.

Identity, Disability, and Redefining Success

Drawing from her experience after a brainstem stroke, Kristin explores how profound life changes can reshape identity, challenge expectations, and transform our understanding of success and what it means to live a meaningful life.

Faith, Grief, and the Journey of Healing

Kristin shares perspectives from her journey through loss, faith, and personal transformation, exploring the complex process of healing and finding meaning after profound adversity.

SPEAKS TO

Faith-based organizations and Christian events · Disability awareness and inclusion events · Healthcare and

After the Shatter: Reshaping the Face of Healing

To book Kristin for your event, send an inquiry through the Speaking page of her website.

INQUIRE ABOUT BOOKING KRISTIN

